

DEVELOPMENT CLINICS 2025

MONDAY 7-8PM BOND LAKE
STARTS JAN 13-MAR 10 8 SESSIONS
POWER SKATING
FOCUS ON IMPROVING PLAYERS SKATING, SPEED,EDGE WORK
SUITABLE FOR PLAYERS 5-10 YEARS OLD
NO ICE ON FAMILY DAY

WEDNESDAY 6:45-7:45PM ED SACKFIELD S
STARTS JAN 15- MAR 12 9 SESSIONS
POWER SKATING
FOCUS ON IMPROVING PLAYERS SKATING, SPEED,EDGE WORK
SUITABLE FOR PLAYERS 5-10 YEARS OLD

WEDNESDAY 7:45-8:45PM ED SACKFIELD S
STARTS JAN 15-MAR 12 9 SESSIONS
POWER SKATING, SPEED AND AGILITY TRAINING
MORE ADVANCED TRAINING FOR PLAYERS LOOKING TO UPGRADE THEIR SKILLS
SUITABLE FOR THE MORE ADVANCED PLAYERS 9-13 YEARS OLD

FRIDAY 5-6PM BOND LAKE
STARTS JAN 17-MAR 14 8 SESSIONS
POWER SKATING
FOCUS ON IMPROVING PLAYERS SKATING, SPEED,EDGE WORK
SUITABLE FOR PLAYERS 5-10 YEARS OLD
NO ICE ON JAN 31

FRIDAY 6-7PM BOND LAKE
STARTS JAN 17-MAR 14 8 SESSIONS
POWER SKATING, SPEED AND AGILITY TRAINING
MORE ADVANCED TRAINING FOR PLAYERS LOOKING TO UPGRADE THEIR SKILLS
SUITABLE FOR THE MORE ADVANCED PLAYERS 9-13 YEARS OLD
NO ICE ON JAN 31